

## INTENDED USE

The Avecon Vitamin D ELISA is intended for the quantitative determination of total 25-OH Vitamin D in human serum and plasma.

## SUMMARY AND EXPLANATION

Vitamin D is a steroid hormone involved in the active intestinal absorption of calcium and in the regulation of its homeostasis. Vitamin D has two isomers: Vitamin D2 and Vitamin D3. Vitamin D2 is obtained from dairy products whereas Vitamin D3 is produced in the skin after exposure to ultraviolet light. In the liver, Vitamin D is hydroxylated at its carbon 25 to form 25-OH Vitamin D. This metabolite is the predominant circulating form of Vitamin D and is considered to be an accurate indicator of the general Vitamin D status of an individual. Vitamin D deficiency has been linked to many diseases including osteoporosis, rickets, osteomalacia, cancers, and cardiovascular diseases. Both dietary supplements of Vitamin D that are currently available in the market (Vitamin D2 and Vitamin D3) are converted to 25-OH Vitamin D in the liver. The sum of the concentrations of 25-OH Vitamin D2 and 25-OH Vitamin D3, in serum or plasma, is referred to as "Total 25-OH Vitamin D". Accurate monitoring of total 25-OH Vitamin D level is critical in clinical settings. Vitamin D deficient patients who are prescribed a daily Vitamin D supplement should regularly monitor their serum or plasma Vitamin D levels in order to reach an optimal level and prevent their 25-OH Vitamin D concentrations from reaching excessive levels that are considered toxic 1-5

## PRINCIPLE OF THE TEST

The kit is a solid phase enzyme-linked immunoassay (ELISA), based on the principal of competitive binding. Anti- Vitamin D antibody coated wells are incubated with Vitamin D standards, controls, samples, and Vitamin D-Biotin conjugate at room temperature for 90 minutes. During the incubation, a fixed amount of biotin-labeled vitamin D competes with the endogenous Vitamin D in the sample, standard, or quality control serum for a fixed number of binding sites on the anti Vitamin D antibody. Following a wash step, bound Vitamin D-Biotin is detected with Streptavidin-HRP (SA-HRP). SA-HRP conjugate immunologically bound to the well progressively decreases as the concentration of Vitamin D in the specimen increases. Unbound SA-HRP conjugate is then removed and the wells are washed. Next, a solution of TMB Reagent is added and incubated at room

| MATERIALS PROVIDED |  | 96 Tests |
|--------------------|--|----------|
| 1.                 | Microwell plate coated with anti-Vitamin D     | 12x8x1   |
| 2.                 | Vitamin D Standard Set: 7 vials (ready to use) | 0.5 ml   |
| 3.                 | Vitamin D Control Set: 2 vials (ready to use)  | 0.5 ml   |
| 4.                 | Biotinylated 25(OH)D Reagent: 1 Vial (51X)     | 0.5 ml   |
| 5.                 | Assay Diluent, 1 bottle                        | 24 ml    |
| 6.                 | Streptavidin-HRP, 1 bottle (ready to use)      | 23 mL    |
| 7.                 | Stop Solution, 1 bottle (ready to use)         | 12 mL    |
| 8.                 | TMB Substrate, 1 bottle (ready to use)         | 24 ml    |
| 9.                 | Microplate sealing film                        | 2        |
| 10.                | Wash Concentrate 20X, 1 bottle                 | 25 ml    |

## MATERIALS NOT PROVIDED

- Precision pipettes
- Disposable pipette tips
- ELISA reader capable of reading absorbance at 450nm
- Flat-head Vortex mixer
- Plate shaker
- Graph paper

## WARNINGS AND PRECAUTIONS

- Potential biohazardous materials:

- The standards contain human source components which have been tested and found non-reactive for hepatitis B surface antigen as well as HIV antibody with FDA licensed reagents. However, as there is no test method that can offer complete assurance that HIV, Hepatitis B virus or other infectious agents are absent, these reagents should be handled at the Biosafety Level 2, as recommended in the Centers for Disease Control/National Institutes of Health manual, "Biosafety in Microbiological and Biomedical Laboratories." 1984.
- This kit is intended for Research Use Only.
- Do not pipette by mouth. Do not smoke, eat, or drink in the areas in which specimens or kit reagents are handled.
- The components in this kit are intended for use as an integral unit. The components of different lots should not be mixed.
- It is recommended that standards, control and serum samples be run in duplicate
- Optimal results will be obtained by strict adherence to this protocol. Accurate and precise pipetting, as well as following the exact time and temperature requirements prescribed are essential. Any deviation from this may yield invalid data.

## SPECIMEN COLLECTION AND HANDLING

Serum, heparinized plasma or EDTA plasma samples can be used for the assay.

- For serum, collect whole blood by venipuncture and allow clotting.
- For plasma, mix the sample by gentle inversion prior to centrifugation.

Centrifuge and separate serum or plasma as soon as possible after collection. Do not use hemolyzed samples. The specimens may be refrigerated at 2-8°C for two weeks. For long term storage, they can be stored at -20°C. Avoid repeated freeze-thaw cycles. Allow the refrigerated or frozen-thawed samples to equilibrate to room temperature for 30 minutes before use; samples must be mixed before analysis.

## REAGENT PREPARATION

Before running the test, prepare the following:

- Standards and Reagents:
- Standards are serum-based solutions and stable when stored at -2-8°C, protected from light, until the expiration date on the label. Equilibrate the needed volume of standards and reagents to room temperature before use.
- **51X Biotin conjugate:** Immediately before use, prepare 1X working solution at 1:51 with assay diluent (e.g. Add 0.1ml of the 51X Vitamin D-Biotin conjugate concentrate to 5ml of assay diluent). **Remaining Assay Diluent must be stored at 2-8°C in dark and tightly capped.**
- **Prepare 1X Wash Buffer** by adding the contents of the bottle (25 ml, 20X) to 475 ml of distilled or deionized water. Store at room temperature (18-24 °C).

## PROCEDURE:

- All reagents and specimens must be allowed to come to room temperature before use. All reagents must be GENTLY mixed without foaming. Once the procedure has started, all steps should be completed without interruption.
- Dispense 10µl of 25-OH Vitamin D Standards, controls and samples into each well, as required.
- Dispense 200µl working solution of Biotinylated 25 (OH) D reagents, into each well.
- Carefully mix the contents in the wells for 20 seconds using a plate shaker at 200-400 RPM (or equivalent motion). Remove from shaker and cover the plate with the adhesive plate seal making sure there is a complete seal over each well.
- INCUBATION #1 – Incubate sealed plate for 90 minutes at room temperature.
- Carefully remove the plate seal.
- Briskly shake out the contents of the wells into a waste reservoir.
- WASH # 1 - Dispense 300µl of 1X Wash Buffer into each well, and then briskly shake out the 1X Wash Buffer into a waste reservoir. Strike the wells sharply on absorbent paper to remove residual droplets. Repeat 2 more times for a total of 3 washes.



# Vitamin D



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